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EGO AS THE DRIVING FORCE OF HUMAN PROGRESS

To love yourself is the beginning of a lifelong romance.

Oscar Wilde

One can hardly find a person who wouldn't have any bad qualities. Sometimes laziness, envy, selfishness can impede the realization of ourselves. But humanity has learned to deal with the vices and tried to make them less noticeable for a long time. As a result people have realized how to transform bad traits into their benefits.

Laziness helped people to invent the wheel, and later – IT-technologies, with the help of which you can communicate with other people all over the world, make purchases, learn and even earn money. Envy is often the cause of human improvement; it makes us to be better than others. Selfishness which is present in everyone forces the progress in order people to satisfy their material and egocentric needs.

In the western countries it is the widespread opinion that ego is the source of progress, especially ego makes us to achieve the goals. I absolutely agree with the given opinion. But what does it mean – Ego? The ego is the organized part of the personality structure that includes defensive, perceptual, intellectual-cognitive, and executive functions. Originally, Sigmund Freud used the word ego to mean a sense of self, but later revised it to mean a set of psychic functions such as judgment, tolerance, reality testing, control, planning, and defense, synthesis of information, intellectual functioning, and memory. The ego separates out what is real. It helps us to organize our thoughts and make sense of them and the world around us.

From the other hand, ego is our false entity that is constantly searching for something. The ego consists of our fears, complexes, opinions, beliefs, desires. The language of Ego is our uncontrolled mind, which continuously criticizes, makes evaluation of «like / dislike», «good / bad». It is Ego that requires actions resulted in feeling satisfaction.

As we see, Ego is the part of personality that is intended to balance our desires, motives, emotions, ambitions, instincts and appetite with the norms and rules of society.

No doubt, we all are different and have different convictions. But anyway, Ego is manifested in each of us, telling the truth, in different ways. We can't do anything only because of our kindness, geniality or big heart. People may not recognize this but before doing something they always think how the result of this action will influence their life or in other words people decide if it is good or bad for them (will it satisfy my needs or desires?!).

The only thing you should remember – our actions should make the life better, but even if you make it worse, there will always be people who try to improve the world. Which side do you prefer? The choice is yours.

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