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Responsibility for the Personal Health as Factor Of Reliability of the Future Airspecialist

The pedagogical terms of forming of responsibility of students of future air traffic controllers are in-process certain for the personal health. It is set that taking into account and realization of the marked pedagogical terms in the educational-educator process of higher aviation educational establishment will provide the effective forming of responsibility for the personal health as a factor of reliability of future airspecialist.

The Inalienable constituent of the state system of higher education is aviation education development of that in Ukraine belongs to one of priority directions in development of aviation industry of our state. It is needed to notice that aviation industry continues the development both technologically and in the context of distribution of application in the different spheres of activity of man. Therefore, optimization of preparation of aviation specialists, them professionally – cognitive activity within the limits of process of studies, must be priority direction in higher educational establishments (INSTITUTION OF HIGHER LEARNING) that related to the civil aviation.

In recent year, many researches were devoted health to maintenance with the aim of quality professional preparation of future specialists (V. Zdanyuk [3], T. Zinchenko [2], Y. Pallchuk [4] but other). Their researches are sanctified to preparation of future teachers, economists, specialist's marine educational establishments, soldiery, agrarians, firemen et al. In particular, pedagogical terms of effectiveness of model of forming of culture of health of maintenance as a world view orientation of future economists determined N. Bashavets [1]; V. Zdanyuk defined the wide spectrum of pedagogical terms of forming of health of keeping competence of students of higher educational establishments facilities of P.E [3].

In our research, responsibility for the personal health in professional activity is not equated only with the presence of certain knowledge, abilities or qualities of personality. We examine this concept considerably wider: from one side, it contains the realized understanding of role of health during professional activity, attitude on application of knowledge, abilities and skills students for realization of healthy way of life; from other side are practical abilities of realization of application of health of maintenance in a professional environment; from the third is actualization of readiness to the practical action.

On the basis of the conducted analysis of scientific and technical and medical literature, it is possible to assert that professional activity of air traffic controller is related to influence on the organism of complex of harmful and

dangerous factors, such as: intellectual, visual, auditory overloads, influence of obstacles; ionizing and unionizing radiation; necessity of acceptance of important decisions in the conditions of deficit of time, high social responsibility; unevenness of workload - monotony, that changes the periods of the expressed mentally emotional overload that requires tension of attention and memory; hypodynamia; work in night changes, that results in violation of biorhythms.

Thus, the most of the time an air traffic controller works in the emergency mode that can become reason of origin of cardiovascular and nervous diseases. Undertaken studies allow to mark that aviation professions require, that the professionally-applied physical preparation was preceded to professional activity, and in future constantly accompanied her. Coming from that physical and mentally physiology preparation of airworkers is the complex process of forming of high reliability of organism, skills and abilities especially important in the difficult, extreme terms of activity, forming of physical and mentally physiology qualities that determine success of studies becomes the aim of this preparation of future air traffic controllers, firmness of organism to the negative factors of professional activity, high level of capacity and dynamic health, that mean professional longevity. It is known that insufficient physical preparedness of future specialists to implementation of all complex of professional types of works can result in various unfavorable situations, that appears in limitation of the use of such specialists or in their insufficient professional "return" that results in certain economic and moral charges at preparation of specialists.

For determination of pedagogical terms of forming of responsibility for the personal health by us a study was undertaken that small the prolonged character and came true during 2017 school on the department of sport preparation of the National aviation university with the group of 31 persons 17-19, that study after speciality air traffic controller. Coming from that one of major qualities of future air traffic controller, that determines description of psychical life of personality, is memory as ability of the nervous system long time to keep information about the events of the outer world and reaction of organism, and also repeatedly to destroy this information in the area of consciousness and behavior. It is known that memory of man includes such four descriptions: memorizing (mastering); maintenance; exception; recreation of information. The marked processes are not autonomous psychical capabilities. They are formed in activity and determined by her.

Yes, memorizing of certain "material" is related to the accumulation of individual experience in the process of vital functions. The use in further activity of that went down in memory requires a recreation; falling of certain material out of activity conducts to his misremembering . Maintenance of material in memory depends on participating of him in activity of personality, as in every this moment behavior of man is determined by all her by vital experience. Being major description of all psychical processes, memory provides unity and integrity of personality of future air traffic controller. It was educed on results research, that for 42% air traffic controllers level of memory to the norm, that it.

Attention is a concentration of activity of subject, and in our case, air traffic controller, in certain moment of time on some real or ideal object - object, event, offense, reasoning and others like that. The functions of attention consist in that a

man among the enormous amount of irritants that operate on her elects necessary, important, and brakes other, produces thus the programs of action and keeps a concentration, control above flowing of them.

Certainly, attention is expressed through mimicry, pose, motions. But sometimes attention is sent not to the surrounding objects, but on ideas and offenses that are in consciousness of man. It follows marks also, that on occasion, when a man shows an increase concentration on physical actions, makes sense to talk about agile attention. It all goes to show that attention does not have the own cognitive maintenance, and only serves activity of other cognitive processes. is very important for professional activity of future specialist. It was educed according to information received, that for 42% air traffic students-controllers prevails the sufficient level of attention, and in 32% low level, but as we know attention matters very much for this profession.

Due to attention, adjusting of activity and behavior of man comes true. Purposeful practical activity impossible neither physical nor mental activity is regardless impossible, because man, namely air traffic controller, must with attention behave to the object of activity. To the plan of the activity, attentively to watch after motion of this activity and her consequences. Communicative and organizational inclinations show a soba an important component and pre-conditions of developing flairs in the types of activity, related to intermingling with people, with organization of collective work. A desire to carry on organizational activity and intermingle with people depends on maintenance of corresponding forms of activity, and from the typology features of personality.

Mainly, they are determined by a subjective value and meaningfulness for the man of future results of her activity and attitudes toward persons, with that she co-operates. Often enough inclinations appear during such types of activity and communication, that first to the man were indifferent, but on the measure of plugging in them become meaningful. Own efforts are here important for overcoming of communicative barriers that is possible, if a man puts to the soba conscious aim by himself to development.

On the basis of methodology of communicative-organizational capabilities (COC) of future air traffic controllers, by us a study of these capabilities was undertaken for future air traffic controllers. Social psychological aspects of perfection of communication and between personality cooperation in future professional activity of air traffic controller remain a problem practical realization of that depends on the decision of whole package of organizational, scientifically-methodical questions in a period studies and education of student young people. Any type of human activity envisages social and psychological cooperation of people, and for future air traffic controllers is one of basic types of co-operating with pilots and operators.

The most effective facilities of decision of COC of future air traffic controllers are highly skilled, successive, systematic activity of all collective of hierarchical control system of educational establishment and timely, effective organization of work of faculty advisors. It is in addition, important to pay attention to choice of future profession. To our opinion, the level of COC up to a point depends on the proper terms of preparation and desire to study exactly after this

speciality. Id est, for 61% students have a high level of communicative capabilities, it goes to show that they test a requirement in communicative and organizational activity and actively aspire to her, quickly oriented in heavy situations, naturally behave in a new collective, initiative, prefer in important business or in difficult situations that folded to accept independent decisions, defend the opinion and try to get, that it it was accepted by comrades, can brighten up in an unknown company, like to organize every games, events persistent in activity, that them attract. They search so goes the world that would satisfy their requirement in communication and organizational activity. So 48% of organizational capabilities, that plays a large role for their professional becoming. Usually we can not miss out very important quality of future air traffic controller, as an anxiety, in fact, if to talk about her, then as we see from a table, that 48% students are had middle level of anxiety with a tendency to high, that blocks them personality and professional development. In our view, one of the most essential pedagogical terms of providing of successful capture and forming of abilities knowledge there is internal positive motivation to the studies. It is educed that high positive motivation can act part factor that compensates insufficiency of high capabilities, however in reverse direction this factor malfunctions - no high level of capabilities can compensate absence of educational motivation or his subzero display, id est can not help the achievement of considerable successes with studies. Therefore one of ways of increase of efficiency of tasks of athletic-health activity in the system of higher education there is forming of positive motivation to engaging in a physical culture that includes all types of motives : reasons, interests, aspirations, aim, options and ideals, distinguishing reason as realized or small the realized motive to activity. In addition, motivation to going in for sports assists more quality realization of lessons, that, in turn, also assists forming of necessary motivation and increase of activity of students.

Conclusions.

Efficiency of forming of readiness of students - future air traffic controllers to the personal health of maintenance in the process of study of discipline "P.E" is determined, to our opinion, by such pedagogical terms: forming of internal motivation on a health of maintenance by creation of favourable educationally-educator environment; optimal planning of structure and maintenance of employments after P.E by providing of unity of theoretical and practical physical preparation for forming of health of keeping competence of future air traffic controllers; organization of health of keeping independent work of students of future air traffic controllers; determination of individual educational trajectories taking into account individual necessities, capabilities and possibilities of students - future air traffic controllers, taking into account the anthropological and mentally physiology features of future professional activity.

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