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**THEORETICAL PRECISION CONFIDENTIAL SELECTION OF YOUTH**

**PROFESSIONAL ACTIVITIES IN SPECIAL CONDITIONS**

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The problem of studying the conscious choice of young people for professional activities in special conditions is relevant and requires in- depth study in terms of psychological and pedagogical science.

Professional activity – one of the most important spheres of human life, influencing its physical and mental health, style of behavior, level of social activity. Properly made professional choice forms a positive representation of the young person about himself, increases self-esteem, increases satisfaction with life [5].

The process of professional self-determination has its own specific peculiarity: it is necessary on a certain basis knowledge, skills and abilities, under the influence of various influences, to make their own conscientious choice. That is why, in today's living conditions, it is sometimes difficult for young people to actualize their abilities in the professional sphere, to predict the consequences of their actions and actions in advance, to have developed reflection and, at the same time, to take into account the factors influencing her choice.

Of the contemporary foreign research, Di Fabio A. and Blustein

1. on the role of emotional intelligence in decision-making and decision-making style in conflict situations [1] are interesting, as well as analysis of the relationships between decision-making in social relations and decision-making styles , filed in the works of Sari E. [2].

Particularly acute is the problem of youth psychological readiness for the correct formation of the professional component of the life path and the conscious choice of activity, which is carried out in special conditions. Inability to do this generates a status, psychological,

personal discomfort, complicates the self-realization of the personality of a young person, leads to cognitive dissonance and the formation of a negative "Self-conception" [4].

Specific (extreme) types of activities include professions in which a person is subjected to various stress factors, which leads to difficulties in the performance of activities. These are the professions of a pilot, astronaut, a submariner, a researcher at the northern stations, etc., whose activities are related to alter working conditions that have an impact on the visual, auditory, tactile analyzers and the vestibular apparatus. In conditions of partial or complete isolation, a person is exposed to certain factors that cause a state of tension, and with intense or prolonged exposure lead to stress [6].

Activities in special (extreme) conditions require high efficiency, rapid transitions from control of mechanisms to their management, thoughtfulness of actions, timely decision-making, constant readiness for extreme actions, physical and nervous endurance. That is why, in order to successfully operate in these conditions, future specialists should be healthy, morally stable, strong-willed, well-prepared and hardy. An effective way to overcome varieties of fatigue in any activity is the endurance of a specialist. Therefore, the issue of preparing future specialists with a view to the development of professional stamina in the process of training, the high level of which, in our opinion, will ensure the performance of functional responsibilities with the necessary neuro- psychological resistance, in the desired working regime and pace, without significant signs of fatigue. or errors and effective use of resources of an organism for successful fulfillment of various tasks in special (extreme) conditions.

Equally important, with the conscious choice of young professionals in a special environment acquires professional motivation. Man in his behavior is guided by various motives. The richer the spiritual world of man, the more motives motivate her to be active. In the role of motives for choosing professional activities in special conditions, the needs, interests, inclinations, emotions, guidelines and ideals of young people can take place.

The researchers singled out the following motives for choosing young people for professional activities in special conditions, such as:

1. Social – expressed in the desire to bring benefits to society.
2. Moral – are among the main. The aesthetic, cognitive and creative

perspectives of the future profession are estimated from a moral standpoint. 3. Material – related to the desire to have a well-paid profession and a guarantee of a stable future. 4. Prestigious – expressing the desire to choose a profession that is valued among friends and acquaintances, allow you to achieve an attractive position in society, provide a rapid advancement in the service. 5. Utilitarian – related to the desire to choose a profession that allows people to manage.

At the same time, the most important motive force in updating the knowledge of a person about the relevant field of work in special conditions is professional interest. According to M. Robert and F. Thilman [7], motivation is a necessity that prompts the person to act for a certain purpose. The need is an internal aspect of motivation. Motivation, in this regard, is defined as the dynamic process of physiological and psychological management of the behavior of a young person, which determines its orientation, organization, activity and stability. Today's realities force young people to stop their choices in professions that are not so socially relevant and relevant to inclinations and preferences, as they reflect the representation of young people about value orientations that prevail in society [3].

The condition for the successful professional self-determination of young people is the presence of their professionally important qualities, which should be understood as individual dynamic personality traits, psychological, psychological and physical properties that meet the requirements of a person in a particular profession and contribute to successful mastery of it. Preparation for a conscious choice of young people for professional activities in special conditions involves the active formation of psychological qualities of the individual: abilities, interests, values orientations, aspirations, professional plans, ideals, beliefs. So, the choice of profession is successful when labor brings a person satisfaction, corresponds to its physical and spiritual abilities, mental characteristics, interests, knowledge and skills. Therefore, one of the most important tasks of the modern bulk-educational system is precisely to help young people choose their future professional activities.

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