UDC 159.9.016 (043.2)

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RESEARCHES OF SELF-ESTEEM AS AN ELEMENT OF PROFESSIONAL FORMATON OF PERSONALITY

Self-esteem is one of the concepts of individual psychology, which has the largest research base and different interpretations. For example, according to L. S. Vygotsky, self-esteem is a generalized, stable, differentiated (also can be said ranked) attitude of the individual to his social "Me" [2].

I.S. Kon [3] considered self-esteem as a multicomponent and complex phenomenon. His domestic colleagues V. A. Semichenko [4], M. G. Yaroshevsky [5] expanded the interpretation of the concept in this direction. Therefore, in their opinion,

self-esteem is an assessment of his own place among other people and their subjective attitude to it. This description also complements with the statement of I. I. Chesnolova [6] that self-esteem is special psychological formation of self-consciousness of the individual and acts as an internal mechanism of self-regulation of behavior and activity.

We can also include professional activity or the process of preparation for it, professional development. Undoubtedly, there is a direct connection between self-esteem and behavioral patterns of personality, which mediates the model of professional development. In the works of R. Burns [1], a representative of the Western humanistic direction of psychology, self-esteem reflects the degree of development of a sense of self-worth and significance.

It is how a person evaluates their professional abilities, knowledge, skills, personal qualities that affect the natural process of self-awareness as a professional. We must also mention the social component of self-esteem, namely the role of the individual in society and how other people evaluate it. This directly affects her professional identification with the subjective ideal of the specialist, which is part of the professional development of the environment will evaluate and perceive an individual will give him confidence and motivate him to professional development.

The realization of a person's professional development can't be without a practical aspect. Namely, through practical activities, a person can really evaluate their action, the image of their own "Me" in role of a professional, the level of their professional requirements and demands. These are the components that R. Mailey [7] describes in his works.

Summing up, we can say that self-esteem as an element of professional development, directly affects the behavioral patterns of personality, which are supported by both their own subjective assessment and the level of social assertion.

Reference

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